



City of Laurinburg

~MARCH 2024~

Employee HR Newsletter



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~Message from HR~

✓ **IMPORTANT**

OPEN ENROLLMENT

Mark III ~ Supplemental Benefits

May 23 - May 24, 2024

BCBS/Dental/Vision/FSA ~ TBD

More Information to come!



~HEALTH AWARENESS~

Colorectal cancer happens when cancer cells form in the tissues of the colon or the rectum. These cancers can also be called colon cancers or rectal cancers, depending upon where they start. Colorectal cancer includes both colon and rectal cancer because they share many features.

Colorectal cancer usually starts as a growth on the inside of the colon or the rectum. These growths are known as polyps. Over time, some of these polyps can turn into cancer. The risk of colorectal cancer increases after age 50. Most cases of colorectal cancer are diagnosed after this age. Having a parent, brother, sister, or child with colorectal cancer doubles a person's risk of colorectal cancer. African American individuals have an increased risk of colorectal cancer and death from the disease compared to other races.

A colonoscopy is one of several screening tests for colorectal cancer. The U.S. Preventive Services Task Force recommends that adults age 45 to 75 be screened for colorectal cancer. Screening also helps find colorectal cancer at an early stage.

Colorectal risk factors can include:

Age, family history, race, obesity, smoking and alcohol use.

Talk to your doctor if you think you may be at an increased risk for colorectal cancer.



NEWS & ANNOUNCEMENTS

HELLO!

Welcome New Hires to the City!



Jacob Jones

“P-T Fire Engineer”

03/01/2024

Nicholas Sylvain

“P-T Fire Engineer”

03/01/2024

Joshua Watkins

“P-T Fire Engineer”

03/01/2024



William Warren

“Landscape Worker”

03/07/2024



Adrian Robson

“Police Officer”

03/22/2024



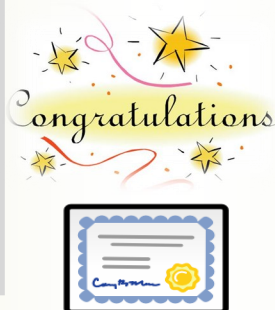
CERTIFICATIONS

James Sweet

“NC Fire Driver/Operator

Pumps & Aerials ”

FIRE DEPT.



Phillip Butler

“Advanced Law Enforcement

Certificate ”

POLICE DEPT.

SAFETY TIP!

Situational awareness is an on-the-job safety skill that is critical for hazard identification, effective decision making, and accident prevention.

Situational Awareness means paying attention and being aware of what’s going on around you. No matter what your role is at work, **situational awareness** is an important key to keeping everyone safe.



CONGRATULATIONS are in order for those celebrating
Birthdays and **Years of Service** with the City!

Keep up the **GREEN** work!



~ YEARS OF SERVICE ~
March 2024

Brian Morrison	28 Years
Benjamin Stewart III	15 Years
Kevin Lowery	15 Years
Jordan McQueen	12 Years
Horace McInnis, Jr.	12 Years
Brent Strong	12 Years
Forrest Hunt	1 Year
Trent Maynor	1 Year



April 2024
~BIRTHDAYS~

Felecia Lambert	04/01
Betty Galloway	04/04
Jada Bright	04/05
James Bennett, Jr.	04/07
Vernon Jackson, Jr.	04/10
Raymond Mufalli	04/11
Randy Chavis	04/12
Patrick Barton	04/13
Ann Shampy	04/14
Dixon Medlin	04/20

HR REFLECTION FOR THE MONTH...



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