



City of Laurinburg Employee HR Newsletter



~Message from HR~

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Make a Difference
DONATE!

United Way Campaign ends

12/09/24, all contributions

REMAIN in Scotland County!

***** RETURN *****

Pledge cards with donations ONLY.



National Diabetes Month aims to bring attention to diabetes and its impact on millions of people and raise awareness about its risk factors, prevention, and management. Diabetes is a chronic health condition that manifests through high blood glucose symptoms, also called blood sugar. The disease comes in two primary forms: Type 1, where the body doesn't recognize insulin, and Type 2, where the body doesn't produce or use insulin effectively. It can also lead to other complications like heart disease, chronic kidney disease, and mental health problems. Risk factors for diabetes encompass several elements. Genetic makeup, dietary habits, physical activity levels, and family medical history contribute significantly. Additionally, specific racial and ethnic groups show a higher risk of developing the condition.

In terms of managing diabetes, a comprehensive approach often proves most effective. Regular physical exercise and a balanced diet lie at the foundation of this approach. Consistent monitoring of blood sugar levels and adherence to prescribed medications are integral to management. Lastly, regular consultation with healthcare providers ensures progress tracking and necessary adjustments to the treatment plan.

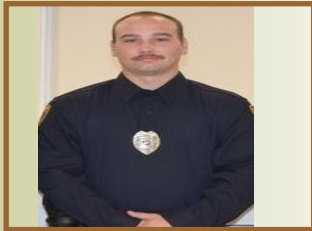


NEWS & ANNOUNCEMENTS

Welcome New Hires to the City!



David Snipes
“Police Officer”
11/12/2024



Cory Lang
**“Equipment Service
 Attendant”**
11/14/2024



Earnest Floyd III
“Electric Line Tech I”
11/14/2024





Amanda Futrell
TO
**“Deputy City Clerk/
 Contracts Administrator”**

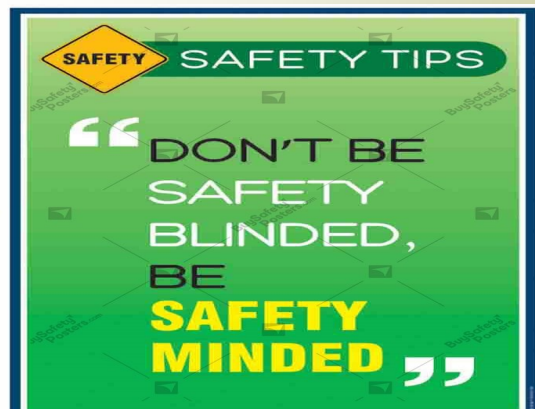
James Butterfield
TO
“Sanitation Equip Oper II”

Jonthomas Locklear
“Technical Rescuer”
Fire Dept.



Adrian Robson
Criminal Justice
Bachelor’s Degree
Police Dept.





CONGRATULATIONS are in order for those celebrating
Birthdays and **Years of Service** with the City!
 Keep up the **GREAT** work!



NOVEMBER 2024

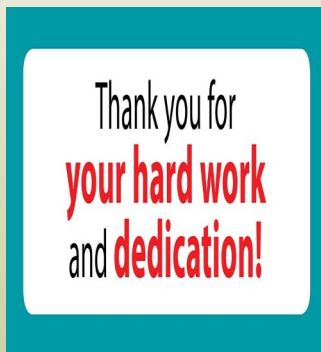
Years of Service

SHAWN CHAVIS	22 Years
JAMES COXE	14 Years
CHRIS YOUNG	11 Years
RICHARD WARD	9 Years
STEVEN MCKENZIE	2 Years
AMANDA FUTRELL	1 Year

DECEMBER 2024

Birthdays

MATTHEW LOWERY	12-02
DAVID SNIPES	12-04
CHRISTOPHER PATTERSON	12-10
HOPE BROWN	12-10
KAYLON ALFORD	12-11
VICTORIA BULLARD	12-18
KENNETH LOCKLEAR	12-19
HARRY GALE	12-19
LLOYD MCCOY II	12-29
CARRIE NEAL	12-30



HR REFLECTION FOR THE MONTH...

There is *always*,
always, ALWAYS
~something to be ~
thankful for!!

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