



City of Laurinburg

March 2025

Employee HR Newsletter



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~ MARCH HEALTH ~

~Message from HR~



OPEN ENROLLMENT

Mark III ~ Supplemental Benefits

May 22 & 23, 2025

BCBS/Dental/Vision/FSA ~ TBD

More Information to come!



BLOOD CLOT AWARENESS

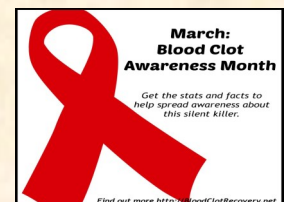
Throughout March, states and cities across the country have officially recognized Blood Clot Awareness Month, reinforcing the importance of education and awareness about blood clots.

Blood clots claim up to 100,000 lives annually in the United States, yet many of these deaths can be prevented with greater awareness and early intervention. Symptoms of blood clots can be mistaken for less serious conditions, leading to delayed diagnosis and treatment. Deep vein thrombosis (DVT) occurs when a blood clot forms in one of the deep veins of your body, usually in your legs, but sometimes in your arm. The signs and symptoms may include but are not limited to:

- **Swelling, usually in one leg (or arm)**
- **Leg pain or tenderness often described as a cramp or charley horse**
- **Reddish or bluish skin discoloration**
- **Leg (or arm) warm to touch**

These symptoms of a blood clot may feel similar to a pulled muscle or a charley horse, but may differ in that the leg (or arm) may be swollen, slightly discolored, and warm.

Contact your doctor as soon as possible if you have any of these symptoms, because you may need treatment right away.





NEWS & ANNOUNCEMENTS



Welcome New Hires to the City!

Christopher Strickland

**“Seasonal—
Landscape Worker”**

Beautification

03/11/2025



Harley Clark

**“Street Maintenance
Worker”**

03/27/2025



Franklin Helton

**“Seasonal—
Landscape Worker”**

Cemetery

03/11/2025





William McIlwain

“SWAT Operator”

Police Dept.





1. Wear safety goggles, hearing protection, and sturdy shoes when using lawn mowers and other machinery.
2. Ensure tools and equipment are in working order.
3. Wear gloves to protect from skin irritations, cuts and contaminants.
4. Wear high-visibility colors (orange, yellow or strong yellow-green).
5. Follow all instructions and warning labels when using chemicals and other products.

CONGRATULATIONS are in order for those celebrating
Birthdays and Years of Service with the City!

Keep up the **GREAT** work!



~ YEARS OF SERVICE ~
MARCH 2025

~ BIRTHDAYS ~
APRIL 2025

Brian Morrison	29 Years
Benjamin Stewart III	16 Years
Kevin Lowery	16 Years
Jordan McQueen	13 Years
Horace McInnis, Jr.	13 Years
Brent Strong	13 Years
Adrian Robson	1 Year

Felecia Lambert	04/01
Betty Galloway	04/04
Jada Bright	04/05
James Bennett, Jr.	04/07
Ronald Pollard	04/07
Raymond Mufalli	04/11
Brooke Bathie	04/11
Randy Chavis	04/12
Patrick Barton	04/13
Ann Shampy	04/14
Nelson Medina, Jr.	04/19
Dixon Medlin	04/20
Bethany York	04/23
Dekanawida Jones	04/27

Thank you for
your hard work
 and **dedication!**



~HR REFLECTION FOR THE MONTH~



"A kind word is
like a spring day."

Human Resources Dept.

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